### LIVING EARTH

*Genetic Detectives: Investigating Inherited Diseases* 

# Unit 1 Living Earth Design Journal

Developed in partnership with: Discovery Education

### **Unit 1 Living Earth**

#### OBJECTIVES

Students will be able to:

**Discover** who is impacted by inherited diseases.

**Investigate** different types of genetic and inherited diseases.

**Explore** the role of a genetic counselor.

PROJECT SUMMARY

*Genetic Test Report Heritable Disease Posters Flipgrid Presentation and Visuals* 

#### BACKGROUND

Genetic disorders have plagued mankind for millennia. What we have learned about the human genome, combined with scientific advances in medicine and research, has extended humans' life expectancy, prevented unnecessary suffering, and enabled patients to make informed decisions about genetic disorders.

Genetic diseases are caused by mutations in DNA. These mutations are the result of errors made during the transcription process. DNA mutations can be passed down to offspring, who may or may not display traits related to the mutation. These are known as inherited diseases. This lesson focuses on people who are born with inherited diseases and explores how the diseases impact their daily lives.

Throughout the unit, students explore the career of genetic counseling. Genetic counselors are health care professionals who help patients understand how to navigate the information contained in their genetic code. Students act as genetic counselors by developing a test report for a selected patient profile. As they develop and present their report, students must display many of the skills that genetic counselors use in their work. These include displaying empathy to patients, communicating complex information to individuals with low health literacy, analyzing genetic data and identifying a patient's best pathway for care.

### **Proposal Requirements**

### *The Genetic Test Report must include:*

- 1 Description of the disease, including symptoms, risk factors, and populations impacted most by this disease.
- 2 Statistics that show the impact of the disease in the selected heritable disease nationally or globally.
- 3 Specific genetic information about the disease and what they indicate about a person's risk.
- 4 The ability to be easily understood by a person.

### The Heritable Disease Posters must include:

- 1 What you learn about the people who get the genetic disease.
- 2 What you learn about the people who are indirectly affected by the genetic disease.
- 3 What you learn about the symptoms of the people who have the genetic disease.
- 4 What you learn about how someone gets the genetic disease.
- 5 How a genetic counselor tests someone to see if they have the genetic disease.

### The Flipgrid and Visuals presentation must include:

- 1 Background information on the disease and statistics supporting why this is an important issue related to human health.
- 2 An explanation of how the genetic test data can provide clues about the disease and the risk factors involved or health decisions required from an individual or family.
- 3 An explanation of how the report would provide genetic risk data in a realistic way.
- 4 Information about how a person or physician would access data and use it to make health decisions.

### **Project Design Process Journal**

Name	Team Members
Start Date	
Due Date	

Project Design Process Journal

Step 1: Define the Problem	Step 2: Brainstorm	Step 3: Research and Generate Ideas	Step 4: Identify Criteria and Specify Constraints	Step 5: Explore Possibilities	Step 6: Select an Approach	Step 7: Develop the Design Proposal	Step 8: Make a Model or Prototype	Step 9: Test and Evaluate Design Using Specifications	Step 10: Refine the Design	Step 11: Modify and Present for Market	Step 12: Reflect
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Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using	-	for Market	
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#### Step 2: Brainstorm

Discuss initial ideas with the whole team. In the space provided, create a concept map, flow chart, or other type of graphic organizer showing how you might connect information about inherited disease to the issues of health literacy, risk of and access to information about your chosen disease. What will the goal of each piece of the unit projects be? To inform and guide? A call to action? Remember to be creative!



Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
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#### Step 3: Research and Generate Ideas

On the table below, think about possible questions you need to answer to gather more information prior to committing to one of your ideas. What resources are available to assist you in answering your questions?

#### **Resource List**

<b>Possible Questions</b> Generate a list of specific questions that need to be answered	Collected Information to Answer the Question	Any Additional Design Ideas Generated During Research Notes or sketches

#### Possible Question starters:

- What are specific populations at risk for this disease or human health issue?
   What will the target audience be for the products?
- Have products like this been created previously? If so, what are the shortcomings of these that you would want to avoid?
- Is there a similar product where components could apply to these types of products?
- What type of platform should the product be created for? Is there information to help me choose the best platform for the product?
- What data resources might be helpful when creating my product?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
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			Constraints					Specifications			
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**Lesson Connections** 

#### **LESSON 1: Inherited Diseases**

Use the capture sheets and information learned from this lesson to answer the following questions:

#### What is the role of a genetic counselor?

What is an inherited disease?

Whose lives are impacted by inherited diseases?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define t		Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem	1	and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
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#### **Making Connections**

#### What I learned from this lesson:

#### How this connects to the project:

Which part(s) of the project does this lesson address and how might it be used?

**Genetic Test Report** 

**Poster Design and Production** 

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
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			Constraints					Specifications			
		Continued									

**Lesson Connections** 

#### **LESSON 2: Genetics**

Use the capture sheets and information learned from this lesson to answer the following questions:

How do genes get passed from parents to offspring?

How do we conduct tests that inform us about the possibility of inherited disease?

How does this connect to the inherited diseases you learned about in lesson 1?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
		Continued									

#### **Making Connections**

#### What I learned from this lesson:

#### How this connects to the project:

Which part(s) of the project does this lesson address and how might it be used?

**Genetic Test Report** 

**Poster Design and Production** 

Project Design Process Journal

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Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
		Continued									

**Lesson Connections** 

#### **LESSON 3: Genetic Mutations**

Use the capture sheets and information learned from this lesson to answer the following questions:

What is the genetic code?

How is the information in DNA used to make proteins?

How do mutations give rise to altered proteins?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
		Continued									

**Lesson Connections** 

#### **LESSON 3: Genetic Mutations**

Use the capture sheets and information learned from this lesson to answer the following questions:

How do the altered proteins developed from mutations in DNA give rise to specific inherited diseases?	

How do you counsel a patient with low health literacy on their risk of genetic disease?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
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#### **Making Connections**

#### What I learned from this lesson:

#### How this connects to the project:

Which part(s) of the project does this lesson address and how might it be used?

**Genetic Test Report** 

**Poster Design and Production** 

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using	-	for Market	
			Constraints					Specifications			
		Continued									

**Lesson Connections** 

#### **LESSON 4: Treating Inherited Disease**

Use the capture sheets and information learned from this lesson to answer the following questions:

#### Can inherited diseases be prevented?

How can inherited diseases be treated?

What ethical and moral dilemmas do genetic counselors and patients face when dealing with an inherited disease?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
		Continued									

#### **Making Connections**

#### What I learned from this lesson:

#### How this connects to the project:

Which part(s) of the project does this lesson address and how might it be used?

**Genetic Test Report** 

**Poster Design and Production** 

Project Design Process Journal

Ste	ep 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
De	fine the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Pro	oblem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
			Ideas	and Specify			Proposal		Design Using		for Market	
				Constraints					Specifications			
			Continued									

**Lesson Connections** 

#### LESSON 5: Communicating a Genetic Test Report

Use the capture sheets and information learned from this lesson to answer the following questions:

How do we communicate with patients who may have an inherited disease?

How does health literacy impact the delivery of the genetic test report?

How do factors like a patient's age, gender, culture, health literacy, or other factors impact how the genetic test report should be presented to their patient?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
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#### **Making Connections**

#### What I learned from this lesson:

#### How this connects to the project:

Which part(s) of the project does this lesson address and how might it be used?

**Genetic Test Report** 

**Poster Design and Production** 

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
		Continued									

**Lesson Connections** 

#### **LESSON 6: Genetic Counseling**

Use the capture sheets and information learned from this lesson to answer the following questions:

How do we present our information clearly, concisely, and logically?

How do we ensure we include key information, develop ideas, and present in a manner appropriate for our purpose, task, and audience?

What are some of the benefits of transforming quantitative or technical information into effective visuals and vice versa?

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			
		Continued									

#### **Making Connections**

#### What I learned from this lesson:

#### How this connects to the project:

Which part(s) of the project does this lesson address and how might it be used?

**Genetic Test Report** 

**Poster Design and Production** 

Project Design Process Journal Step 1: Define the Step 2: Step 3: Step 5: Step 6: Step 8: Step 9: Step 12: Step 4 Step 7: Step 10: Step 11: Brainstorm Research Identify Explore Make a Model Test and Refine the Modify Reflect Select an Develop Problem and Generate Criteria Possibilities the Design or Prototype Evaluate and Present Approach Design for Market Ideas and Specify Proposal Design Using Constraints Specifications **Step 4: Identify Criteria and Specify Constraints** What are specific criteria and constraints for your chosen disease and patient profile? How do they affect each product you are creating? Criteria Constraint Genetic Test Report Genetic Test Report Poster Design and Production Poster Design and Production FlipGrid Video Presentation and Visuals FlipGrid Video Presentation and Visuals **Potential Materials Needed** Genetic Test Report Poster Design and Production FlipGrid Video Presentation and Visuals

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	2	Explore	Select an	Develop	Make a Model		Refine the	Modify	Reflect
Problem		and Generate Ideas	Criteria and Specify	Possibilities	Approach	the Design Proposal	or Prototype	Evaluate Design Using	Design	and Present for Market	
			Constraints					Specifications			

#### **Step 5: Explore Possibilities**

Review your ideas from the Brainstorm and Research sections of your Design Journal. Explore some of your ideas with more detail. Record your exploration in the space below. Possible explorations can reflect testing, experiments, simulations, peer review, etc. Be sure to include any data collected or group discussion and feedback. Do this for each product.

#### **Genetic Test Report**

**Poster Design and Production** 

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
Problem		and Generate	Criteria	Possibilities	Approach	the Design	or Prototype	Evaluate	Design	and Present	
		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			

#### Step 6: Select an Approach

Use the following decision matrix to assist you in selecting one of your ideas for further development for each of the products you are creating. To use the tool, complete the following steps:

- 1 Enter the criteria and constraints of the project you recorded earlier in the first column.
- Use a numeric value to rate each solution against the criteria or constraint. (2 = totally meets the requirement, 1 = somewhat meets the requirement, 0 = does not meet the requirement)
- 3 Total the columns and circle the highest score.

#### **Genetic Test Report**

Criteria or Constraint	Sketch/Idea 1	Sketch/Idea 2	Sketch/Idea 3
<b>Other criteria:</b> A single rating for your own "nice-to-have," desirable criteria and universal design criteria (such as <i>Robustness, Aesthetics, Cost and Resources, Time, Skill</i> <i>Required, Safety):</i>			
Totals			

Project De	sign Process	Journal									
Step 1: Define the Problem	Step 2: Brainstorm	Step 3: Research and Generate Ideas	Step 4: Identify Criteria and Specify Constraints	Step 5: Explore Possibilities	Step 6: Select an Approach	Step 7: Develop the Design Proposal	Step 8: Make a Model or Prototype	Step 9: Test and Evaluate Design Using Specifications	Step 10: Refine the Design	Step 11: Modify and Present for Market	Step 12: Reflect
Poster D	esign and F	Production									
Criteria o	r Constrain	t				Sketch/lo	lea 1	Sketch/lo	lea 2	Sketch/I	dea 3
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					Totals						

Project Des	sign Process	Journal									
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FlipGrid \	/ideo Prese	entation an	d Visuals								
Criteria o	r Constrain	t				Sketch/Io	dea 1	Sketch/Io	lea 2	Sketch/I	dea 3
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					Totals						

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the Problem	Brainstorm	Research and Generate Ideas	Identify Criteria and Specify Constraints	Explore Possibilities	Select an Approach	Develop the Design Proposal	Make a Model or Prototype	Test and Evaluate Design Using Specifications	Refine the Design	Modify and Present for Market	Reflect

#### Step 7: Develop a Design Proposal

Now that your group has decided on the best solution, you need to develop a plan to meet your design specifics. Some of these components will come in at different points during the unit. Your solution proposal must include the following components:

- 1 Background information on the disease your design proposal focuses on.
- 2 A graphic organizer showing how you will connect research, data, and design components to influence and educate people about your chosen disease.
- 3 Information about the demographic(s) your products will target and the reasoning behind it, supported by data.

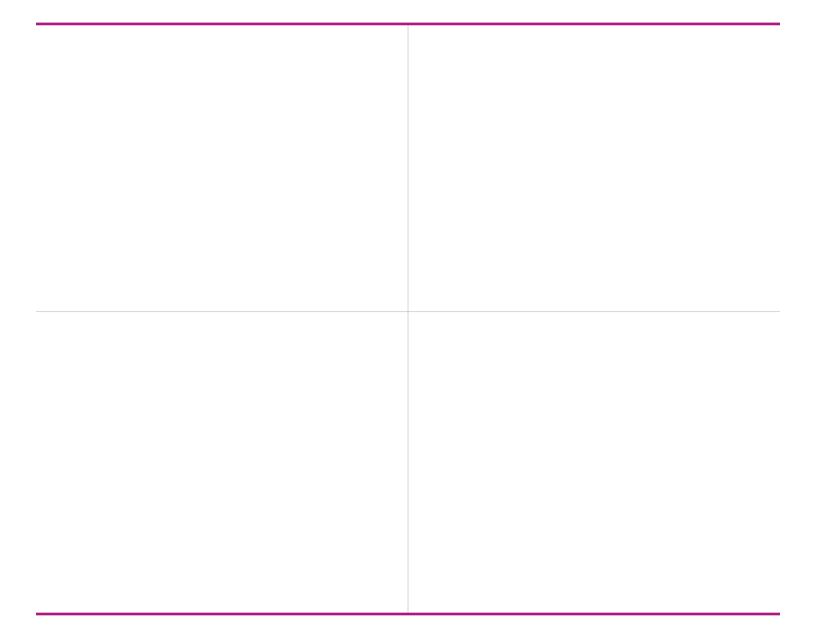
Your written solution proposal may be attached to this journal, inserted into the space below, or submitted digitally according to the instructor's direction.

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an		Make a Model		Refine the	Modify	Reflect
Problem		and Generate Ideas	Criteria and Specify	Possibilities	Approach	the Design Proposal	or Prototype	Evaluate Design Using	Design	and Present for Market	
		14040	Constraints			Topoodi		Specifications			

#### Step 8: Document Design Creation

In the space below, document (using digital pictures) your design and creation of the Heritable Disease Poster and Flipgrid Presentation. Be sure to include a picture of the final product.



Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the Problem		Research and Generate Ideas	Identify	Explore Possibilities	Select an Approach	Develop the Design Proposal	Make a Model		Refine the Design	Modify and Present for Market	Reflect

#### Step 9: Evaluate the Design

How will you obtain feedback about your designs?

What data will you collect during evaluation?

In the space below, document the type of evaluation you conducted and the results for each product you created.

#### **Genetic Test Report**

Description of Evaluation Questions	Evaluation Results

Step 1: Step 2: Step 3: Step 4: Step 5: Step 6:							Step 7: Step 8: Step 9: Step 10: Step 11: Step 12							
Define the Problem	Brainstorm	Research and Generate Ideas	Identify	Explore Possibilities	Select an Approach	Develop the Design Proposal		Test and Evaluate Design Using Specifications	Refine the Design	Modify and Present for Market	Reflect			
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Project Design Process Journal

Define the Problem	Step 2: Brainstorm	Step 3: Research and Generate Ideas	Step 4: Identify Criteria and Specify Constraints	Step 5: Explore Possibilities	Step 6: Select an Approach	Step 7: Develop the Design Proposal	Step 8: Make a Model or Prototype	Step 9: Test and Evaluate Design Using Specifications	Step 10: Refine the Design	Step 11: Modify and Present for Market	Step 12: Reflect
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Project Design Process Journal

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#### Step 11: Modify and Present

What changes (if any) did you make to your designs after feedback in the Evaluate the Design step of this project?

#### All products and presentations must include:

- 1 Background information related to the disease and how such things as genetic test reports, information about heritable diseases, and your Flipgrid Presentation and Visuals can help people make appropriate health decisions.
- 2 Features that are targeted to your specific audience. (For example, if your target audience is non-english speaking, it may be helpful to add subtitles in that language or record a second video with a voiceover in the native language of that group.)

#### The Genetic Report project must include:

- 1 Description of the disease, including symptoms, risk factors, and populations impacted most by this disease.
- 2 Statistics that show the impact of the disease in the selected heritable disease nationally or globally.
- 3 Specific genetic information about the disease and what they indicate about a person's risk.
- 4 The ability to be easily understood by a person.

#### The Heritable Disease Posters must include:

- 1 What you learn about the people who get the genetic disease.
- 2 What you learn about the people who are indirectly affected by the genetic disease.
- 3 What you learn about the symptoms of the people who have the genetic disease.
- 4 What you learn about how someone gets the genetic disease.
- 5 How a genetic counselor tests someone to see if they have the genetic disease.

#### The Flipgrid and Visuals presentation must include:

- 1 Background information on the disease and statistics supporting why this is an important issue related to human health.
- 2 An explanation of how the genetic test data can provide clues about the disease and the risk factors involved or health decisions required from an individual or family.
- 3 An explanation of how the report would provide genetic risk data in a realistic way.
- 4 Information about how a person or physician would access data and use it to make health decisions.

Consider how a Genetic Counselor in today's workforce would deliver a genetic test report or real world presentation. Use the space below to explain what further work might need to be done in order to prepare this product or presentation to an at-risk audience.

Project Design Process Journal

Step 1:	Step 2:	Step 3:	Step 4:	Step 5:	Step 6:	Step 7:	Step 8:	Step 9:	Step 10:	Step 11:	Step 12:
Define the	Brainstorm	Research	Identify	Explore	Select an	Develop	Make a Model	Test and	Refine the	Modify	Reflect
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		Ideas	and Specify			Proposal		Design Using		for Market	
			Constraints					Specifications			

#### Step 12: Reflection on Process

Answer the following questions about your products.

What were the best things about your project process?

What were some weaknesses of your project's design?